

Semester	Nr.	Physical Training BA (2026)	Total	Theory	Practice	Credit	Type of Exam	Preliminary study	Course Leader
1.	1.	Injury Prevention and First Aid	26		26	3	P		Dr. Zsolt Komka
	2.	Anatomy I.	39	26	13	3	C		Dr. Leila Seres Mészárosné
	3.	Selected Sport - Theory and Practice I.	52	16	36	6	P		
	4.	Gymnastic Exercises	26		26	2	P		Dr. Katalin Rác
	5.	Games in Training	26		26	2	P		Dr. János Tóth
	6.	Introduction to Pedagogy	26	26		2	C		Prof. Dr. Pál Hamar
	7.	Introduction to Psychology	26	26		3	C		Dr. Noémi Gyömbér
	8.	Navigating University Life: Learning with TF Values	12		12	1	P		Dr. habil Ákos Cserny
	9.	Academic English	26		26	2	P		Mariann Kánai
	10.	Information Technology (IT)	26		26	3	P		Dr. Bence Kopper
	11.	Elective I.	26		26	3	P		
			311	94	217	30			
2.	1.	Anatomy II.	39	26	13	3	C	Anatomy I.	Dr. Leila Seres Mészárosné
	2.	Biochemistry	26	26		3	C		Dr. Leila Seres Mészárosné
	3.	Basics of Social Sciences	26	26		4	C		Dr. Tamás Dóczy
	4.	History of Sports and Olympism	26	26		3	C		Ádám Falatovics
	5.	Prevention and Rehabilitation	26		26	2	P		Dr. Leila Seres Mészárosné
	6.	Selected Sport - Theory and Practice II.	52	16	36	6	P	Selected Sport - Theory and Practice I.	
	7.	Theory of Physical Education and Sport	26	26		2	C		Prof. Dr. Pál Hamar
	8.	Communication	26	10	16	2	P		Dr. habil Andrea Gál
	9.	Functional Gymnastics Exercises	26		26	2	P	Gymnastic Exercises	Dr. Katalin Rác
	10.	Elective II.	26		26	3	C		
			299	156	143	30			
3.	1.	Biomechanics	39	26	13	3	C		Dr. Bence Kopper
	2.	Physiology I.	39	39		3	C		Dr. habil Zsuzsanna Kneffel
	3.	Theory of Education	26	26		3	C		Dr. Livia Borosán
	4.	Selected Sport - Theory and Practice III.	52	16	36	6	P	Selected Sport - Theory and Practice II.	
	5.	Field Practice I.	50		50	3	P		
	6.	Motor Control and Movement Learning	26	10	16	3	P		Dr. Bence Kopper
	7.	General Management Issues In Sport	26	26		3	C		Dr. Nikoletta Sipos-Onyestyák
	8.	Strategy and tactics	26		26	3	P		Prof. Dr. Tamás Sterbenz
	9.	Elective III.	26		26	3	P		
			310	143	167	30			
4.	1.	Physiology II.	39	39		3	C	Physiology I.	Dr. habil Zsuzsanna Kneffel
	2.	Sport Pedagogy	26	26		3	P	Introduction to Pedagogy	Prof. Dr. István Soós
	3.	Sport Psychology	26	26		3	C	Introduction to Psychology	Dr. Krisztina Kovács
	4.	Selected sport - Theory and Practice IV.	52	16	36	6	P	Selected Sport - Theory and Practice III.	
	5.	Field Practice II.	50		50	3	P		
	6.	Motor Development	26	8	18	3	P		Prof. Dr. László Tóth
	7.	Fundamentals of Marketing	26	26		3	P		Dr. Nikoletta Sipos-Onyestyák
	8.	Developmental Psychology	26	10	16	3	P	Introduction to Psychology	Dr. Noémi Gyömbér
	9.	Youth Developmental Sport Programs	26		26	3	P		Prof. Dr. Gábor Gécz
			297	151	146	30			
5.	1.	Sport Sociology	26	26		2	C		Dr. habil Andra Gál
	2.	Selected Sport - Theory and Practice V.	52	16	36	6	P	Selected sport - Theory and Practice IV.	
	3.	Field Practice III.	50		50	3	P		
	4.	Training Theory I.	39	26	13	3	C		Prof. Dr. Zsolt Radák
	5.	Introduction to Research Methods and Statistics	52		52	5	P		Dr. Bence Kopper
	6.	Thesis I.	0		0	5	P		
	7.	Athletes with Special Educational Needs	26		26	3	P		Yvette Csepela Budainé
	8.	Specialties of Coach.Diff. Age-groups I.	26		26	3	P		Prof. Dr. Csaba Sós
			271	68	203	30			
6.	1.	Selected Sport - Theory and Practice VI.	52	16	36	6	P	Selected Sport - Theory and Practice V.	
	2.	Field Practice IV.	50		50	3	P		
	3.	Fundamentals of Sports Analysis and Digitalization	39		39	4	P		Dr. Erika Kendelényi-Gulyás
	4.	Training Theory II.	39	26	13	3	C		Dr. Sándor Sáfár
	5.	Sportdietetics	26	26		2	C	Physiology II.	Prof. Dr. Márta Szmodis Bartusné
	6.	Thesis II.	0		0	5	P		
	7.	Sport Management	26	26		2	C		Dr. Nikoletta Sipos-Onyestyák
	8.	Talent Education, Talent Management	26		26	2	P		Yvette Csepela Budainé
	9.	Specialties of Coach.Diff. Age-groups II.	26		26	3	P		Prof. Dr. Csaba Sós
			284	94	190	30			
			1772	706	936	180			