



HUNGARIAN UNIVERSITY  
OF SPORTS SCIENCE  
BUDAPEST

24<sup>th</sup> International Student Science Conference (ISSC)  
Hungarian University of Sports Science (HUSS)  
Alkotás u. 42–48., 1123 Budapest, Hungary  
Email: [issc2024@tf.hu](mailto:issc2024@tf.hu)

# PROGRAM

## DAY 1 – WEDNESDAY, 24 APRIL 2024

**9.00–15.00 Registration** (main entrance reception, K1 Building)

**Pre-conference meeting: Athlete's Heart: Adaptation, Prevention and Rehabilitation.**

Moderator: Prof. Dr. Miklós Tóth. (Athens lecture hall, K1 Building)

- **9.30–9.50** Prof. Dr. Dimenico Cianflone, Vita-Salute San Raffaele University, Milan, Italy: *The Athlete's Heart*
- **9.50–10.10** Prof. Dr. Hajnalka Vágó, Semmelweis University, Hungary: *Athlete's heart: characteristics and differential diagnostics*
- **10.10–10.30** Prof. Dr. Ákos Koller, Hungarian University of Sport Science, Hungary: *Adaptation of coronary circulation to exercise: role of local mechanisms*
- **10.30–10.50** Prof. Dr. Gábor Pavlik, Hungarian University of Sport Science, Hungary: *The role of regular physical activity in the prevention of cardiac risks*
- **10.50–11.10** Prof. Dr. Hashbullah Ismail, University Teknologi, Malaysia: *Exercise and Cardiac Rehabilitation*
- **11.30–12.00 Honoris causa celebration:** Prof. Lee Chee Pheng
- **12.00–13.00** Lunch (on your own, area restaurants, university cafeteria)

**13.00–14.30 Opening ceremony** (Athens lecture hall, K1 Building)

- **13.00** Opening speech: Prof. Dr. Tamás Sterbenz, Rector, Conference Patron
- **Opening Keynote: *Understanding and Promoting a Growth Mindset in Physical Education*** – Dr. Christopher Spray, Longbrough University, School of Sport, Exercise and Health Sciences
- **Opening Keynote: *Exercise is a Medicine*** – Dr. Lee Chee Pheng, Chief Executive Officer of the Asia College of Exercise Medicine

**14.30–16.00 Welcome reception**

**15.00–17.00 Social program** – Sightseeing tour, meet at registration area

**16.00–18.00 Social program** – Boat tour on river Danube, meet at registration area



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## DAY 2 – THURSDAY, 25 APRIL 2024

**8.00–15.00** Registration (main entrance reception, K1 Building)

### Room C001 Paris, K1 Building

- **8.00–10.00** Session: **Nutrition and metabolism**. Chairs: Prof. Dr. Csaba Nyakas, Dr. Margita Utczás
- **10.00–10.15** Coffee break
- **10.15–12.15** Session: **Biomechanics**. Chairs: Prof. Dr. József Tihanyi, Dr. Bence Kopper
- **12.30–14.00** Lunch break (University restaurant)
- **14.00–16.00** Session: **Exercise in youth**. Chairs: Prof. Dr. Gábor Pavlik, Dr. Leonidas Petridis

### Room C002 London, K1 Building

- **8.00–10.00** Session: **Sports in society**. Chairs: Dr. Nikoletta Sipos–Onyestyák, Dr. Botond Csuka
- **10.00–10.15** Coffee break
- **10.15–12.15** Session: **Sport experience**. Chairs: Dr. Tamás Dóczi, Prof. Dr. László Tóth
- **12.30–14.00** Lunch break (University restaurant)
- **14.00–16.00** Session: **Psychological aspects of sport**. Chairs: Dr. Judit Boda–Ujlaky, Prof. István Soós

### Room C102, K1 Building

- **14.00–16.00** Session: **Aging**. Chairs: Dr. Lee Chee Pheng, Dr. Tímea Téglás

**16.00–18.00** Social program: Buda Castle walking tour, meet at registration area

### Aula, K1 building

- **19.00–22.00** Social program: QUIZ night (Fun & Knowledge with HUSS students' organized by Klebelsberg Kuno College for Advanced Studies)



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## DAY 3 – FRIDAY, 26 APRIL 2024

**8.00–12.00 Registration** (main entrance reception, K1 Building)

### Room C001 Paris, K1 Building

- **8.00–10.00 Session: Sport and Performance.** Chairs: Prof. Dr. Miklós Tóth, Dr. Sándor Sáfár
- **10.00–10.15** Coffee break
- **10.15–11.30 Plenary session.** Moderator: Prof. Dr. Zsolt Radák. Presenters: Dr. János Négyesi, Kristóf Világi, Dr. Mojca Doupona
- **12.30–14.00** Lunch break (University restaurant)
- **14.00–16.00 Session: Prevention and rehabilitation.** Chairs: Dr. Zsombor Lacza, Dr. Leila Seres

### Room C002 London, K1 Building

- **8.00–10.00 Session: Physical activity.** Chairs: Prof Dr. Gábor Géczi, Dr. Szilvia Perényi
- **10.00–10.15** Coffee break
- **12.30–14.00** Lunch break (University restaurant)
- **14.00–16.00 Session: Sport management, organizations and media.** Chairs: Prof. Dr. Mojca Doupona, Prof. Dr. Tamás Sterbenz

### Athens lecture hall, K1 Building

- **17.00–18.30 Closing ceremony.** Speech: Prof. Dr. Zsolt Radák Vice-Rector for Science and Innovation

### Paulaner Restaurant in MOM Mall

- **19.00–24.00 Closing banquet**